

21.4.2024

Prof. Heidrun Gattinger (PhD, RN) is a nursing and health scientist and heads the Institute of Applied Nursing Science at the OST - Eastern Switzerland University of Applied Sciences. After training as a qualified nurse, she worked for ten years in direct care and as a ward manager. In 2011, she completed her master's degree in nursing science at the University of Vienna (Austria) and in 2017 her PhD at the University of Turku (Finland). Heidrun is teaching in BSc Nursing and MSc Nursing programmes and supervises Bachelor, Master and PhD students.

Her research focuses on the care of chronically ill older people and specifically on the aspect of self-management support and health promotion. Her expertise lies in applied research with quantitative and qualitative methodology and the implementation of interprofessional and multi-centre research projects. To foster networking and knowledge dissemination in kinaesthetics research and practice, she organizes the biennial "Kinaesthetics Research Network" symposium.

Heidrun is member of the European Academy of Nursing Science (EANS), the SBK, the Academic Society Rehabilitation Care Swiss Association for Nursing Science and scientific board member of concret AG. She is the author of numerous publications and co-editor of the journal *Pflegerecht*.